

# NZ SOCCER REFEREES NEWS-8

## November 2006

### RECRUITMENT COURSES

The following referee courses have been notified to NZS recently:

| <b>FEDERATION</b> | <b>VENUE</b>  | <b>LEVEL</b> | <b>INSTRUCTORS</b> | <b>NO.</b> | <b>DATE</b> |
|-------------------|---------------|--------------|--------------------|------------|-------------|
| Central           | Napier        | Intro.       | B. Whitlock        | 2          | Aug-31      |
| Soccer 2          | Auckland      | L. 1         | A. MacLennan       | 12         | Sep-03      |
| Soccersouth       | Queenstown    | Intro.       | L. Ritchie         | 6          | Sep-09      |
| United Soccer 1   | North Harbour | L. 1         | G. Gallop          | 6          | Sep-19      |
| Mainland          | Blenheim      | Intro.       | I. Hull            | 15         | Aug-09      |
| Mainland          | Ashburton     | Intro. & L.1 | W. Stapley         | 6          | Oct-29      |

### NZS AP

NZS is calling for expressions of interest from non-active referees interested in serving on the Appointments Panel until July 2008 representing Federations 1, 2 & 3.

The application is to be endorsed by the Federation Manager or Chairman. Application forms are available from the Federation Manager or NZS.

The AP is responsible for the appointment, inspection and promotion of match officials to and in national competitions.

### CONGRATULATIONS

#### NZS REFEREES METAL BADGE

|                   |          |      |
|-------------------|----------|------|
| Nick van der Salm | Tauranga | 2120 |
| Jonathan Price    | Auckland | 2121 |
| Zac Naylor        | Auckland | 2122 |
| Darin Underhill   | Napier   | 2123 |
| Callum Alexander  | Dunedin  | 2124 |

### 2006-7 CALENDAR

|                |   |
|----------------|---|
| 4 November     | <b>NZS Referees Committee meets, Auckland</b>                         |
| 12-15 November | <b>Oceania Football Confederation Workshops and Congress</b>          |
| 19 November    | <b>Level 1 Referee Inspectors Course – Soccersouth, Dunedin</b>       |
| 3 December     | <b>National Women's League Grand Final</b>                            |
| 16-21 December | <b>Stage 2 Referee Development Academy (RDA), Napier</b>              |
| 20-31 January  | <b>OFC U-20 Tournament, Auckland</b>                                  |
| 17 February    | <b>Soccer 2 - Level 2 Referees Course, Mt Smart</b>                   |
| 18 February    | <b>Capital Soccer Referees Course, Petone</b>                         |
| 24-25 February | <b>Force 3 Referees Course, Tauranga</b>                              |
| 3-4 March      | <b>Level 2 Course for Referee Inspectors - FFA, Auckland</b>          |
| 10 March       | <b>Soccer 2 – Level 1 Course for Referee Inspectors, Auckland</b>     |
| 11 March       | <b>NZS Referees Committee meets, Auckland</b>                         |
| 19-31 March    | <b>OFC U-17 Tournament, Tahiti</b>                                    |
| 14-15 April    | <b>Central Soccer Referees Courses, Napier &amp; Palmerston North</b> |
| 21 April       | <b>NZS Appointments Panel meets, Auckland</b>                         |

## 2006 NZS WOMEN'S KNOCKOUT CUP FINAL

Bill McKinlay Park, Mt Wellington, Auckland 3 September 2006 Western Springs v Lynn Avon



Nigel  
Frost

Wayne  
Scott

Leigh  
Perry

Jacqui  
Stephenson

## 2006 CHATHAM CUP FINAL



Eastern Suburbs  
v  
Western Suburbs  
  
North Harbour Stadium  
September 2, 2006

Stephen Chris Peter Paul

Budai Kerr O'Leary Dunham

# RISK MANAGEMENT - HEAT

How can you tell if one of the players is experiencing heat injury?

Below is a list of the early warning signs to look for (this is not an exhaustive list):

Flushed face                  Hyperventilation                  Headache  
Dizziness                  Tingling arms                  Goose bumps (hair on arms standing on end)  
Chilliness                  Un-coordinated                  Confusion, agitation, uncooperativeness

Medical literature identifies 3 main types of heat injury.

**HEAT CRAMPS** These are the mildest and are commonly related to low body sodium and chloride levels.

### **SYMPTOMS**

Weakness, muscle cramps, collapse with low blood pressure

### **TREATMENT**

Replacement of salt loss. Putting extra salt on food the day before a game can help avoid this condition

### **HEAT EXHAUSTION**

This is a more severe medical event.

### **SYMPTOMS**

Weakness, irritability, collapse, unable to sweat adequately and a fine rash is often present.

### **TREATMENT**

Remove to a cool place, use ice baths, fans

### **HEAT STROKE**

This is a medical emergency.

### **SYMPTOMS**

Mental confusion, headache, lack of co-ordination, delirium, convulsions, death. The body temperature may be 40.5°C or higher and the skin is usually hot and dry

### **TREATMENT**

Call 111 and transport to a local hospital. Rapid cooling is required using wet towels, spray mist, sponge baths and removal from heat. This condition may cause the athlete to go into shock and coma so immediate treatment is needed.

Reference: American College of Sports Medicine

HEAT & COLD RUNNING ILLNESSES DURING RUNNING ACTIVITIES: 1987

Acknowledgements: Dr. Rudy Gittens Medical Director, Canadian Soccer Association

Submitted by: Dr. Robert Gringmuth Chair - OSA Medical Cttee

## INSPECTOR ACCREDITATION

Over the past 12 months the NZSRC has carried out a SWOT Analysis and made plans in the areas of recruitment, retention, coaching and strategy.

One of the objectives in the retention area is to improve the quality and quantity of referee coaches. To this end they have decided to introduce the following as from 2007:

- Initial accreditation is to be held for 3 years
- Inspectors are to attend a refresher course every 2 years
- Inspectors shall carry out a minimum of 5 inspections per season with allowance for travel, health etc.

The courses shall be run by the Federations following national guidelines and shall consist of:

- A test on the Laws of the Game
- A practical match inspection
- A discussion on the game including current trends and issues

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